

**With 350,000 special needs caregivers in Singapore\*, there is a growing need for a robust special needs caregiver support model that is empowering, family-centred and community-based.**

It was with this mission in mind that CaringSG was set up by special needs caregivers for fellow caregivers, families, and the community.

## Mission

- ★ Connect, enable, and empower fellow special needs caregivers through sharing of living experiences and evidence-based knowledge and practices
- ★ Build an inclusive community for special needs families through synergistic partnerships with professional, community and public stakeholders
- ★ Transform innovative caregiving solutions into impactful reality through outcome-focused research and constructive advocacy

**To do this, we have embarked on our first project, Project 3i.**

\*There are around 350,000 PWDs in Singapore. We assume there is at least 1 caregiver on average per PWD.

## About CaringSG

CaringSG is a caregiver-led initiative for special needs caregivers and the community.

Our dedicated team consists of special needs caregivers and professional allies.

We also have a Board of Directors and Advisors who are special needs caregivers and advocates, social service sector veterans and esteemed professionals to guide us.

## How can I be a part of CaringSG?

Special needs caregivers can sign up for a free CaringSG membership at [caring.sg/subscription](http://caring.sg/subscription).

We also welcome the public or professionals to join us as members if you wish to stay in touch with our work.

CaringSG members can volunteer with us at [caring.sg/volunteer](http://caring.sg/volunteer) too.



## How may I contribute?



Please go to [www.caring.sg/donate](http://www.caring.sg/donate) or scan the QR code here to access the donation platform.

## Stay in touch with CaringSG at:



-  [www.caring.sg](http://www.caring.sg)
-  [@CaringSGLtd](https://www.facebook.com/CaringSGLtd)
-  [@caring.sg](https://www.instagram.com/caring.sg)
-  [vimeo.com/caringsg](https://vimeo.com/caringsg)



**A caregiver-led initiative for special needs caregivers.**

[www.caring.sg](http://www.caring.sg)



# CaringSG's 3i caregiver support services



## CAREconnect

Caregivers can gain access to emotional support, resources and connections to fellow caregivers in our **CaringSG Alliance Network (CAN)**. CAN is a national network of special needs caregiver support groups, caregivers, people with disabilities, professional allies and supporters of special needs community.

Caregivers can participate in our specially curated CAREconnect program jointly organised by CaringSG's caregiver and professional volunteers.

## Our Programs

- ★ CAREconnect webinars, forums and respite events build your caregiving knowledge, skills and personal resilience.
- ★ CAREconnect family activities help you bond with your dependent and other special needs families.
- ★ CAREconnect social and inclusive activities connect you with other caregivers and your neighbourhood.

## CAREbuddy

If you're going through challenging times, our trained caregiver volunteers from the CAREbuddy program can provide you with individualised peer support for six months.

## CAREwell

Our multidisciplinary team of CAREwell professional volunteers are poised to support you in navigating the complex services to better access care for yourself and your loved ones.

## Caregiver's Journey For Special Needs Caregivers

